

## **Debra L. Stout, Psy.D. (Clinical Psychology)**

Several years ago Debra Stout left a lucrative management career in the Southern California teen retail clothing industry to earn her Doctorate degree and has since worked to establish herself as an advocate for youth in Orange County. Dr. Stout has specialized in all aspects of youth work with an emphasis in the areas of positive youth development and resiliency. She strongly advocates an approach that involves youth in all levels and steps of the prevention and intervention process. In many ways, Dr. Stout mentors in youth exactly what she has done for herself.

Dr. Stout spent over 6 years working for the Orange County Department of Education's alcohol, tobacco and other drug use and violence prevention programs. In that capacity, Debbie coordinated a nationally acclaimed gang prevention and intervention program in conjunction with the Boys and Girls Club of Westminster. In addition, she has worked at LDS Family Services in Fountain Valley as a Family Relations Counselor and has taught courses such as "Strengthening Marriage". Dr. Stout is currently involved in DoctorS Nonprofit Consulting, a company she co-founded with her husband Dr. Dallas Stout in 2004. As a consultant to the Orange County Department of Education, she has recently assisted in the development of the O.C. Safe from the Start facilitator manual as well as their ongoing "train the trainer" programs. Debbie is a member of the faculty at California State University Fullerton where she teaches courses in both the graduate program in Counseling and the undergraduate Psychology departments. She is also a member of the faculty at the University of Phoenix where she teaches in their undergrad and graduate programs in Psychology.

Dr. Stout has professionally demonstrated her experience & research interests at local and statewide conferences including the Los Angeles County Psychological Association. Debbie has been interviewed on local T.V. and radio shows. She has completed clinical internships at F.A.C.E.S., Inc. (Fullerton), The Child and Family Guidance Center (Azusa), The Garden Grove School District, and LDS Family Services (Fountain Valley). She completed her Pre-Doc and Post-Doc Internships for ultimate licensure as a Psychologist with the Orange County Health Care Agency, Children and Youth Services division.

Dr. Stout serves as the Co-Chair of the Executive Committee for the Violence Prevention Coalition of Orange County (VPCOC). Debbie also serves on the Advisory Boards of La Calle News, Inc. and the O.C. Safe From the Start Coalition.

Dr. Stout earned an A.A. Degree from Fullerton City College in Business Management, with honors. Debbie earned her B.S. Degree from California State University Fullerton in Human Services, Cum Laude, and her Masters degree in Clinical Psychology from Azusa Pacific University. She also earned her Doctorate in Clinical Psychology at APU where she graduated with special recognition for her work with children and their families. Dr. Stout's areas of interest include academic motivation, childhood incest, self-mutilation, and eating disorders.